Clinical Indications for **Sleep Study Multiple Sleep Latency Test (MSLT) and Maintenance of Wakefulness Test (MWT)**

The MSLT is the gold standard test for evaluation of excessive daytime sleepiness and can confirm a diagnosis of narcolepsy in patients with clinical symptoms. In patients with other sleep disorders, the MSLT may be used to assess the severity of excessive daytime sleepiness or to gauge effectiveness of current treatment strategies.

The MWT may be indicated in the assessment of individuals in whom the inability to remain awake constitutes a safety issue, or in patients with narcolepsy or idiopathic hypersomnia to assess response to treatment with medications. There is little evidence, however, linking mean sleep latency results on the MWT with risk of accidents in real-world circumstances.

**Please check all clinical indications that apply:**

- Initial MSLT if narcolepsy suspected on basis of the following:
  - Excessive daytime sleepiness
  - Disturbed or fragmented sleep
  - Cataplexy (i.e., sudden weakness or loss of muscle tone not accompanied by loss of consciousness)
  - Hallucinations with sleep onset (hypnagogic) or upon awakening (hypnopompic)
  - Sleep paralysis

- Repeat MSLT, as indicated by the following:
  - Results of initial MSLT ambiguous or indeterminate
  - Results of initial MSLT negative in face of strong clinical suspicion of narcolepsy

- MWT, as indicated by the following:
  - Assessment of patients for whom inability to remain awake constitutes safety issue (e.g., patient is airplane pilot)
  - Assessment of patients with narcolepsy or idiopathic hypersomnia to assess response to treatment

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Name and Title of Provider or Provider Representative Completing Form (Please Print)  
Date