

Effective July 17, 2001 Revised April 2008 Reviewed November 2011; April 2012

## SUBACUTE CARE FACILITY, EXTENDED CARE AND ACUTE REHABILITATION FACILITY SERVICES

VCHCP covers admission to a sub-acute facility for a clinically stable patient when they are:

- 1. Transferred for post-acute hospital care as a substitute for continued hospital stay with the expectation that clinical improvement will occur with continuation of acute hospital level of care
- 2. Admitted directly for medical monitoring and treatment prior to admission to an acute care hospital for definitive care
- 3. Admitted directly for acute inpatient care which can be provided in lieu of hospitalization in a traditional acute setting
- 4. Transferred from an inpatient acute hospital care for treatment and/or rehabilitation of a condition of sufficient severity requiring services consistent with those traditionally provided in the inpatient acute hospital setting

A sub-acute care facility provides short-term\* (several days to several months), medically intensive and/or comprehensive rehabilitation services for a targeted patient population who have had an acute event as the result of an illness, injury, or exacerbation of a disease process. The level of care is more intensive than the traditional skilled nursing facility and less intensive than acute inpatient hospital care. In general, it provides a full spectrum of inpatient care designed as an alternative to acute hospitalization.

Subject to limitations as defined in the Evidence of Coverage for each benefit plan (Large group, small group, etc.)

- A. Attachments: None
- B. Reviewers: Richard O. Ashby MD, QA Committee

Reviewed/Revised Sheldon Haas, M.D., 04-07-08

Committee Review: UM on 05-08-08 & QA on 05-19-08

Reviewed/No Updates: Albert Reeves, M.D., on 11-7-11

Committee Review: UM on 11-10-11 & QA on 11-22-11

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Committee Reviews: UM on 5-10-12 & QA on 5-22-12

S: VCHCP/Administration/Medical Policy /2012/Medical Policy Guidelines/Final MP Copies



Medical Policy: Subacute Care, Extended Care & Acute Rehabilitation Facility Services

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## C. References:

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- 3. Dollard K.J. Skilled nursing facility subacute care. Cost Qual Q J. 1998;4(1):36-8.
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