**Medical Policy for Low Dose Computed Tomography for Lung Cancer Screening**

VCHCP has adopted the United States Preventative Services Task Force (USPSTF) Guidelines for the Plan’s Preventative Clinical Practice Guidelines. With the updated USPSTF guideline in December 2013 to include lung cancer screening, the following policy had been implemented.

VCHCP recommends and will approve annual screening for lung cancer with low-dose computed tomography for the following select patients:

Adults ages 55-80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years.

**NOTE:** Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.

**A. HISTORY:**

Reviewed/No Updates: Catherine Sanders, MD  
Reviewed/No Updates: Faustine Dela Cruz, RN & Catherine Sanders, MD  
Reviewed/No Updates: Catherine Sanders, MD & Robert Sterling, MD  
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Committee Review: UM: February 14, 2019; QAC: February 26, 2019  
Reviewed/No Updates by: Howard Taekman, MD & Robert Sterling, MD  

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