

## Prior Authorization DRUG Guidelines

### Hepatitis C Prescription Requirement Drug Policy

Effective Date: 4/23/19

Date Developed: 4/23/19 by Robert Sterling, MD

Date Approved by P&T Committee: 4/23/19, 2/18/20, 2/2/21,  
2/1/22, 1/31/23

The Ventura County Health Care Plan's (VCHCP) Prior Authorization for Hepatitis C drugs requires that the prescription is issued by a physician specializing in gastroenterology, hepatology, infectious diseases or liver transplantation. *In addition, Primary Care Physicians (PCP's) are able to prescribe Hepatitis C drugs but must consult with the VCMC Hepatitis C Clinic for initial evaluation and recommendation, prior to prescribing the initial Hepatitis C medication.* This consult may be accomplished by a formal referral for assessment and recommendations or by phone consult with the Clinic's Director, Dr. Scott Underwood [805-652-6222].

This Hepatitis C Prescription Requirement Drug Policy is in addition to the Plan's Hepatitis C Drug Policies adopted from our Pharmacy Benefit Manager, Express Script, Inc. (ESI).

#### REVISION HISTORY:

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04/23/19	No	Robert Sterling, MD	New Policy
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1/31/23	No	Howard Taekman, MD; Robert Sterling, MD	Annual review