

VIVITROL (naltrexene extended release)

Effective Date: 1/28/14 Date Developed: 1/28/14 by Robert Sterling, MD Last Approval Date: 1/26/16, 1/24/17, 1/23/18, 1/22/19, 2/18/20, 2/2/21, 8/3/21, 2/1/22, 1/31/23

Naltrexone (a pure opioid antagonist) is a derivative of oxymorphone similar in structure to naloxone and nalorphine (a morphine derivative); it acts as a competitive antagonist at opioid receptor sites, showing the highest affinity for mu receptors. Endogenous opioids are involved in modulating the expression of alcohol's reinforcing effects. Naltrexone also modifies the hypothalamic-pituitary-adrenal axis to suppress alcohol consumption.

Authorization:

Alcohol use disorder: Treatment of alcohol use disorder.

Opioid use disorder, mild to severe: For the blockade of the effects of exogenously administered opioids.

Dosing: 380 mg intramuscularly every four weeks

PRECAUTIONS: injection site reactions; worsening depression; hypersensitivity reactions; unintended withdrawal symptoms if given prior to several days of abstinence; hepatic impairment

REFERENCES

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- 3. O'Connor PG and Kosten TR, "Rapid and Ultrarapid Opioid Detoxification Techniques," *JAMA*, 1998, 279(3):229-34.
- Ahamad K, Korthuis PT, Lum PJ, Johnson C, Wood E. A delayed injection-site reaction in a patient receiving extended-release naltrexone. Subst Abus. 2016;37(2):278-280..2016.113891
- 5. American Society of Addiction Medicine (ASAM). The ASAM national practice guideline for the treatment of opioid use disorder: 2020 focused update. J Addict Med. 2020;14(2S)(suppl 1):1-91. doi:10.1097
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- 8. Garbutt JC, Kranzler HR, O'Malley SS, et al; Vivitrex Study Group. Efficacy and tolerability of long-acting injectable naltrexone for alcohol dependence: a randomized controlled trial. JAMA. 2005;293(13):1617-1625.
- 9. Gastfriend DR. Intramuscular extended-release naltrexone: current evidence. Ann N Y Acad Sci. 2011;1216:144-166.
 - 10. Vivitrol (naltrexone) [prescribing information]. Waltham, MA: Alkermes Inc; March 2021.

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Revision History:

Date Reviewed/No Updates: 1/13/15 by C. Sanders, MD Date Approved by P&T Committee: 1/27/15 Date Reviewed/No Updates: 1/26/16 by C. Sanders, MD; R. Sterling, MD Date Approved by P&T Committee: 1/26/16 Date Reviewed/No Updates: 1/24/17 by C. Sanders, MD; R. Sterling, MD Date Approved by P&T Committee: 1/24/17 Date Reviewed/No Updates: 1/23/18 by C. Sanders, MD; R. Sterling, MD Date Approved by P&T Committee: 1/23/18 Date Reviewed/No Updates: 1/22/19 by C. Sanders, MD; R. Sterling, MD Date Approved by P&T Committee: 1/22/19 Date Reviewed/No Updates: 2/18/20 by H. Taekman, MD; R. Sterling, MD Date Approved by P&T Committee: 2/18/20 Date Reviewed/No Updates: 2/2/21 by H. Taekman, MD; R. Sterling, MD Date Approved by P&T Committee: 2/2/21 Date Reviewed/Updated: 8/3/21 by H. Taekman, MD; R. Sterling, MD Date Approved by P&T Committee: 8/3/21 Date Reviewed/No Updates: 2/1/22 by H. Taekman, MD; R. Sterling, MD Date Approved by P&T Committee: 2/1/22

Date Reviewed/No Updates: 1/31/23 by H. Taekman, MD; R. Sterling, MD

Date Approved by P&T Committee: 1/31/23

| Revision Date | Content Revised (Yes/No) | Contributors | Review/Revision Notes |
|------------------|--------------------------------|--|--------------------------|
| 1/24/17 | No | Catherine Sanders, MD; Robert Sterling, MD | Annual review |
| 1/23/18 | No | Catherine Sanders, MD; Robert Sterling, MD | Annual review |
| 1/22/19 | No | Catherine Sanders, MD; Robert Sterling, MD | Annual review |
| 2/18/20 | No | Howard Taekman, MD; Robert Sterling, MD | Annual review |
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| 8/3/21 | Yes | Howard Taekman, MD; Robert Sterling, MD | Minor changes; |

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| | | | References added |
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| 2/1/22 | No | Howard Taekman, MD; Robert Sterling, MD | Annual review |
| 1/31/23 | No | Howard Taekman, MD; Robert Sterling, MD | Annual review |