OVERVIEW
Xolair is a recombinant humanized immunoglobulin G (IgG)1κ monoclonal antibody which selectively binds to human immunoglobulin E (IgE), thus inhibiting IgE from binding to the surface of mast cells and basophils (at the high-affinity IgE receptor [FcεRI]), and resulting in a decrease of mediators released in the allergic response. Xolair treatment also reduces the number of FcεRI receptors on basophils in atopic patients. Xolair is indicated for use in patients ≥ 6 years of age with moderate to severe persistent asthma and who have a positive skin test or in vitro reactivity to a perennial aeroallergen and whose symptoms are inadequately controlled with inhaled corticosteroids (ICSs). Xolair decreases the incidence of asthma exacerbations in these patients. Safety and efficacy of Xolair in pediatric patients with asthma aged < 6 years have not been established. Xolair is also indicated for the treatment of adults and adolescents (aged ≥ 12 years) with chronic idiopathic urticaria who remain symptomatic despite H1 antihistamine treatment. In chronic idiopathic urticaria, Xolair binds to IgE and lowers free IgE levels; subsequently, FcεRI on cells down-regulate. How these effects of Xolair result in an improvement in chronic idiopathic urticaria is not known. Xolair is not indicated for the treatment of other allergic conditions, other forms of urticaria, for relief of acute bronchospasm, or status asthmaticus.

Guidelines
Asthma Guidelines
The Global Initiative for Asthma (GINA) Global Strategy for Asthma Management and Prevention (2018) proposes a step-wise approach to asthma treatment. For patients with persistent symptoms or exacerbations despite therapy with a medium- to high-dose ICS/long-acting beta2-agonist (LABA) combination with or without an additional controller, GINA recommends referral of the patient to a specialist with expertise in the management of severe asthma. Xolair is listed as a treatment option for add-on therapy in patients ≥ 6 years of age with moderate to severe allergic asthma. However, it is also noted that Xolair should only be considered when all other causes of uncontrolled asthma have been addressed.

The European Respiratory Society (ERS)/American Thoracic Society (ATS) guidelines (2014) for the definition, evaluation, and treatment of severe asthma suggest a trial of Xolair in both adults and children with severe allergic asthma. If a trial of Xolair is considered, patients (adults and children ≥ 6 years of age) should have confirmed IgE-dependent allergic asthma that is uncontrolled despite optimal pharmacological and non-pharmacological management and appropriate allergen avoidance and their total serum IgE level should be ≥ 30 IU/mL and < 700 IU/mL. It is also noted that further administration of Xolair is unlikely to be beneficial if a patient does not respond to therapy within the first 4 months of treatment. The ERS/ATS guidelines also provide a definition of severe asthma. severe asthma is defined as asthma which requires treatment with a high-dose ICS in addition to a second controller medication (and/or systemic corticosteroids) to prevent it from becoming uncontrolled, or asthma which remains uncontrolled despite this therapy. Uncontrolled asthma is defined as asthma that meets one of the following four criteria: poor symptom control; frequent severe exacerbations; serious exacerbations; or airflow limitation. Additionally, patients may also have severe asthma if their asthma worsens upon tapering of corticosteroids.
**Urticaria Guidelines**

Urticaria guidelines from the European Academy of Allergy and Clinical Immunology (EAACI)/Global Allergy and Asthma European Network (GA[2]LEN)/European Dermatology Forum (EDF)/World Allergy Organization (WAO) [2018] also stress the importance of identification and elimination of underlying causes and trigger avoidance followed by pharmacologic treatment to reduce release of mast cell mediators (e.g. histamine) and/or decrease the effect of these mast cell mediators at target organs. Continuous therapy with antihistamines (second generation H\textsubscript{1}-antagonists) is recommended as first-line treatment. If symptoms persist following 2 to 4 weeks of initial therapy, the dose of the second generation H\textsubscript{1}-antagonist should be increased to up to 4-fold. If symptoms persist an additional 2 to 4 weeks despite the higher dosing, the addition of Xolair may be considered. Cyclosporine is referenced as an add-on therapy to Xolair if there is inadequate control or symptoms are intolerable within 6 months. Short courses of oral corticosteroids may also be considered if needed to control exacerbations. However, long-term use of systemic corticosteroids is not recommended.

In 2014, the American Academy of Allergy, Asthma, & Immunology (AAAAI); the American College of Allergy, Asthma, & Immunology (ACAAI); and the Joint Council of Allergy, Asthma, & Immunology (JCAAI) published a Joint Task Force Practice Parameter on the diagnosis and management of acute and chronic urticaria. This parameter recommends a four-step approach to treatment of chronic urticaria. Initially, trigger avoidance is indicated along with a second generation antihistamine (Step 1). Step 2 includes increasing the dose of the antihistamine; a 2- to 4-fold increase in the FDA-approved dose of the second-generation antihistamine may be effective to achieve symptom control in some patients. Additionally, adding a second non-sedating antihistamine, an H\textsubscript{2} antagonist, a leukotriene receptor antagonist (LTRA), or a first generation antihistamine to be taken at bedtime may also be beneficial. If the patient’s urticarial remains poorly controlled, hydroxyzine or doxepin may be considered as part of Step 3 therapy. Patients with refractory chronic urticaria (Step 4) may consider other alternative therapies, such as Xolair and cyclosporine.

**Other Uses with Supportive Evidence**

Several controlled clinical studies have been performed assessing the efficacy of Xolair in treating patients with seasonal or perennial allergic rhinitis. Adequate controlled clinical studies have included patients ≥ 12 years of age. The majority of these clinical studies used a baseline IgE level of ≥ 30 IU/mL for inclusion. The American Academy of Otolaryngology (AAO) Clinical Practice Guidelines on Allergic Rhinitis (2015) recommend intranasal steroids as an initial choice for the treatment of allergic rhinitis; oral second-generation antihistamines may also be an appropriate first-line therapy, especially if the patient has primary complaints of sneezing and itching. Other therapeutic options include intranasal antihistamines and oral leukotriene receptor antagonists (LTRAs); however, the guidelines do not recommend LTRAs as primary therapy. It is noted that combination pharmacologic therapy may be necessary in patients who have an inadequate response to monotherapy. The AAO guidelines state that clinicians should offer immunotherapy for patients who do not have an acceptable response to other pharmacologic therapy options, but do not mention the use of Xolair in this setting. A practice parameter for management of rhinitis (2008; evidence-base update 2017) notes that determination of specific IgE by skin testing or in vitro testing is indicated to provide evidence of an allergic basis for the patient’s symptoms, confirm suspected causes of the patient’s symptoms, or assess the sensitivity to a specific allergen for avoidance measures and/or allergen immunotherapy. In one double-blind, placebo-controlled study involving 159 patients, the use of Xolair for 9 weeks prior to rush immunotherapy (RIT) resulted in a lower rate of any systemic or other adverse reaction on the day of RIT, including a statistically significant reduction in the incidence of anaphylaxis. Well-controlled clinical studies have demonstrated that allergen immunotherapy is beneficial in allergic rhinitis caused by: pollens, dust mites, animal allergens, fungi, and cockroaches. In the professional opinion of specialist physicians reviewing the data, we have adopted this criterion.
POLICY STATEMENT
Prior authorization is recommended for medical benefit coverage of Xolair. Approval is recommended for those who meet the Criteria and Dosing for the listed indication(s). Extended approvals are allowed if the patient continues to meet the Criteria and Dosing. Requests for doses outside of the established dosing documented in this policy will be considered on a case-by-case basis by a clinician (i.e., Medical Director or Pharmacist). Because of the specialized skills required for evaluation and diagnosis of patients treated with Xolair, as well as the monitoring required for adverse events and long-term efficacy, initial approval requires Xolair to be prescribed by or in consultation with a physician who specializes in the condition being treated. All approvals are provided for the durations noted below. In cases where the approval is authorized in months, 1 month is equal to 30 days.

RECOMMENDED AUTHORIZATION CRITERIA

FDA-Approved Indications

I. Asthma in Patients with Moderate to Severe Persistent Disease. Approve Xolair for the duration noted if the patient meets one of the following conditions (A or B):

A) Initial Therapy. Approve Xolair for 4 months if the patient meets the following criteria (i, ii, iii, iv, v, and vi):

i. Patient is ≥ 6 years of age; AND

ii. Xolair is prescribed by or in consultation with an allergist, immunologist, or pulmonologist; AND

iii. Baseline (prior to treatment with Xolair or anti-interleukin [IL]-4/13 therapy [Dupixent]) IgE level is ≥ 30 IU/mL; AND

iv. The patient has a baseline (prior to treatment with Xolair) positive skin test or in vitro testing (i.e., a blood test for allergen-specific IgE antibodies such as an enzyme-linked immunosorbant assay [e.g., ImmunoCAP<sup>®</sup>, ELISA] or the radioallergosorbent test [RAST]) for one or more perennial aeroallergens (e.g., house dust mite [Dermatophagoides farinae, D. pteronyssinus], animal dander [dog, cat], cockroach, feathers, mold spores)<sup>1</sup>, AND/OR for one or more seasonal aeroallergens (grass, pollen, weeds); AND

v. Patient has received at least 3 consecutive months of combination therapy with BOTH of the following (a and b):

a) An inhaled corticosteroid (ICS) [e.g., Aerospin, Alvesco, ArmonAir RespiClick, Arn unity Ellipta, Asmanex Twisthaler/HFA, Flovent Diskus/HFA, Pulmicort Flexhaler, Qvar/Qvar RediHaler, budesonide suspension for inhalation [Pulmicort Respules, generics]]; AND

b) At least one additional asthma controller/maintenance medication (e.g., a long-acting beta<sub>2</sub>-agonist [LABA] {e.g., Serevent Diskus}; an inhaled long-acting muscarinic antagonist [LAMA] {e.g., Spiriva Respimat}; a leukotriene receptor antagonist [LTRA] {e.g., montelukast tablets/gra nuesles (Singulair, generics), zafirlukast tablets (Accolate, generics}); theophylline {e.g., Theo 24, TheoChron ER, generics]); AND

NOTE: An exception to the requirement for a trial of one additional asthma controller/maintenance medication (criterion b) can be made if the patient has already received anti-IL-4/13 therapy (Dupixent) used concomitantly with an ICS for at least 3 consecutive months.

NOTE: Use of a combination inhaler containing both an ICS and a LABA would fulfill the requirement for both criteria a and b (e.g., Advair Diskus/HFA, AirDuo RespiClick, Breo Ellipta, Dulera, Symbicort).

vi. Patient’s asthma is uncontrolled or was uncontrolled prior to receiving any Xolair or anti-IL-4/13 therapy (Dupixent) therapy as defined by ONE of the following (a, b, c, d, or e):
a) The patient experienced two or more asthma exacerbations requiring treatment with systemic corticosteroids in the previous year; OR
b) The patient experienced one or more asthma exacerbation requiring hospitalization or an Emergency Department (ED) visit in the previous year; OR
c) Patient has a forced expiratory volume in 1 second (FEV₁) < 80% predicted; OR
d) Patient has an FEV₁/forced vital capacity (FVC) < 0.80; OR
e) The patient’s asthma worsens upon tapering of oral corticosteroid therapy; OR

B) Patients Continuing Xolair Therapy. Approve Xolair for 1 year if the patient meets the following criteria (i, ii, and iii):

i. The patient has already received at least 4 months of therapy with Xolair (Note: Patients who have received < 4 months of therapy or those who are restarting therapy with Xolair should be considered under criterion 1 [Asthma in Patients with Moderate to Severe Persistent Disease, Initial Therapy]); AND

ii. Patient continues to receive therapy with one inhaled corticosteroid (ICS) or one ICS-containing combination inhaler (e.g., Flovent Diskus/HFA, ArmonAir RespiClick, Arnuity Ellipta, Asmanex Twishtaler/HFA, Aerospan, Alvesco, Pulmicort Flexhaler, budesonide suspension for inhalation [Pulmicort Respules, generics], Qvar/Qvar RediHaler, Advair Diskus/HFA, AirDuo RespiClick, Symbicort, Breo Ellipta, and Dulera); AND

iii. The patient has responded to therapy (e.g., decreased asthma symptoms or exacerbations; decreased hospitalizations, emergency room, urgent care, or physician visits due to asthma; decreased reliever/rescue medication use; increased lung function parameters [forced expiratory volume in 1 second {FEV₁}, peak expiratory flow{PEF}]), as determined by the prescribing physician.

Dosing. Approve up to a maximum dose of 375 mg administered subcutaneously (SC) not more frequently than once every 2 weeks.

2. Chronic Idiopathic Urticaria (Chronic Spontaneous Urticaria). Approve Xolair for the duration noted if the patient meets one of the following conditions (A or B):

A) Initial Therapy. Approve Xolair for 4 months if the patient meets the following criteria (i, ii, and iii):

i. Patient is ≥ 12 years of age; AND

ii. Xolair is prescribed by, or in consultation with, an allergist, immunologist, or dermatologist; AND

iii. Patient has/had urticaria for > 6 weeks (prior to treatment with Xolair), with symptoms present > 3 days per week despite daily non-sedating H₁ antihistamine therapy (e.g., cetirizine, desloratadine, fexofenadine, levocetirizine, loratadine) with doses that have been titrated up to a maximum of four times the standard FDA-approved dose; OR

B) Patients Continuing Xolair Therapy. Approve Xolair for 1 year if the patient meets the following criteria (i and ii):

i. The patient has already received at least 4 months of therapy with Xolair (Note: Patients who have received < 4 months of therapy or those who are restarting therapy with Xolair should be considered under criterion 2 [Chronic Idiopathic Urticaria {Chronic Spontaneous Urticaria}, Initial Therapy]); AND

ii. The patient has responded to therapy (e.g., decreased severity of itching, decreased number and/or size of hives) as determined by the prescribing physician.
**Dosing.** Approve the following dosing regimens (A or B):

A) 150 mg administered subcutaneously (SC) once every 4 weeks; OR
B) 300 mg administered subcutaneously (SC) once every 4 weeks.

**Other Uses with Supportive Evidence**

3. **Allergic Rhinitis, Seasonal or Perennial.** Approve Xolair for the duration noted if the patient meets one of the following conditions (A or B):

A) **Initial Therapy.** Approve Xolair for 4 months if the patient meets the following criteria (i, ii, iii, iv, v, and vi):
   i. Patient is ≥ 12 years of age; AND
   ii. Xolair is prescribed by or in consultation with an allergist, immunologist, or pulmonologist; AND
   iii. Baseline (prior to treatment with Xolair) IgE level is ≥ 30 IU/mL; AND
   iv. Patient has seasonal or perennial allergic rhinitis as demonstrated by baseline (prior to treatment with Xolair) positive skin testing (e.g., grass, tree, or weed pollen, mold spores, house dust mite, animal dander, cockroach) AND/OR baseline (prior to treatment with Xolair) positive *in vitro* testing (i.e., a blood test for allergen-specific IgE antibodies) for one or more relevant allergens (e.g., grass, tree, or weed pollen; mold spores; house dust mite; animal dander; cockroach); AND
   v. Patient has tried therapy with at least one drug from TWO of the following groups of drugs at the same time (a, b, c, or d):
      a) Oral second-generation/less-sedating antihistamines (e.g., cetirizine, desloratadine, fexofenadine, levocetirizine, or loratadine) [Rx or OTC]; OR
      b) Intranasal antihistamines (e.g., azelastine nasal spray [Astepro, generics], or olopatadine nasal spray [Patanase, generics]); OR
      c) Intranasal corticosteroids (e.g., fluticasone); OR
      d) Montelukast; AND
   vi. Patient meets one of the following (a, b, or c):
      a) Patient has had immunotherapy, is receiving immunotherapy, or will be receiving immunotherapy; OR
      b) There is no immunotherapy available for the allergen identified as causing clinically significant allergy; OR
      c) The patient has contraindications to immunotherapy (e.g., patients receiving beta blockers or patients with medical conditions that reduce their ability to survive a systemic allergic reaction [e.g., markedly compromised lung function, poorly controlled asthma, unstable angina, recent myocardial infarction or significant dysrhythmia, uncontrolled hypertension, failure of a major organ system such as renal failure]); OR

B) **Patients Continuing Xolair Therapy.** Approve Xolair for 1 year if the patient meets the following criteria (i and ii):
   i. The patient has already received at least 4 months of therapy with Xolair (Note: Patients who have received < 4 months of therapy or those who are restarting therapy with Xolair should be considered under criterion 3 [Allergic Rhinitis, Seasonal or Perennial, Initial Therapy]); AND
   ii. The patient has responded to therapy (e.g., decreased symptoms of sneezing; itchy nose; watery, red, or itchy eyes; itchy throat; nasal congestion) as determined by the prescribing physician.

**Dosing.** Approve up to a maximum dose of 300 mg administered subcutaneously (SC) not more frequently than once every 3 weeks.
Conditions Not Recommended for Approval
Xolair has not been shown to be effective, or there are limited or preliminary data or potential safety concerns that are not supportive of general approval for the following conditions. Rationale for non-coverage for these specific conditions is provided below. (Note: This is not an exhaustive list of Conditions Not Recommended for Approval.)

1. **Atopic Dermatitis (AD).** There have been several case series/reports and two small randomized, double-blind, placebo-controlled pilot studies evaluating the efficacy and safety of Xolair for the treatment of patients with AD. Efficacy data have been mixed. One systematic review and meta-analysis reported that of the studies reviewed (n = 103 patients total), 43% of patients achieved an excellent clinical response with Xolair, while 27.2% of patients had satisfying results and another 30.1% had no clinical change or worsening of their disease. However, these data are difficult to interpret due to the very small sample sizes in each case series/report and the non-controlled, non-randomized design of the majority of the available studies. Additional larger, well-designed clinical trials are needed to determine if Xolair has a role in the treatment of AD. AD guidelines from the American Academy Dermatology (AAD) [2014] note that data are limited to determine if Xolair is efficacious in the treatment of AD. These guidelines do not make a recommendation regarding Xolair use in this patient population. European consensus guidelines for the treatment of AD (2018) from multiple European dermatology associations, including the European Dermatology Forum (EDF), the European Academy of Dermatology and Venereology (EADV), and the European Academy of Allergy and Clinical Immunology (EAACI) also note the mixed data and state that they cannot recommend Xolair for the treatment of AD. There is currently one randomized, double-blind, placebo controlled study evaluating Xolair for the treatment of pediatric AD (Atopic Dermatitis Anti-IgE Paediatric Trial [ADAPT]). This trial is ongoing and results are not yet available.

2. **Chronic Rhinosinusitis.** A small study assessed the effects of Xolair in patients (n = 14) with chronic rhinosinusitis. The majority of patients had severe and refractory disease and presented with nasal polyposis; all had undergone endoscopic sinus surgery. After 6 months Xolair-treated patients showed reduced sinus inflammation (as determined by computed tomography [CT] imaging) while placebo-treated patients showed no change in inflammation; however, the net difference between groups was not statistically significant. A small, single arm study (n = 13) also demonstrated efficacy of Xolair in improving symptoms in patients with chronic rhinosinusitis with nasal polyps. Further study is warranted. The 2015 Clinical Practice Guideline: Adult Sinusitis from the American Academy of Otolaryngology (AAO) does not mention Xolair or anti-IgE therapy in its recommendations.

3. **Concurrent use of Xolair with an Anti-Interleukin (IL) Monoclonal Antibody.** The efficacy and safety of Xolair used in combination with IL antagonist monoclonal antibodies (e.g., Cinquair® [reslizumab injection for intravenous use], Fasenra™ [benralizumab injection for subcutaneous use], Nucala® [mepolizumab injection for subcutaneous use], Dupixent® [dupilumab subcutaneous injection]) have not been established. There very limited case reports describing the combination use of Nucala and Xolair for severe asthma as well as off-label indications. Further investigation is warranted.

4. **Eosinophilic Gastroenteritis (EG), Eosinophilic Esophagitis (EE), or Eosinophilic Colitis.** There are limited and conflicting data on the use of Xolair for the treatment of eosinophilic gastrointestinal conditions. In a case series evaluating patients with eosinophil-associated gastrointestinal disorders, Xolair was effective in decreasing absolute eosinophil count, allergen skin test wheal and erythema responses, and symptom scores. Subsequently, a small (n = 15), open-label, single-arm, unblinded study (published) evaluated Xolair for the treatment of patients 12 to 75 years of age with EE. Following 12 weeks of Xolair therapy (dose calculated in mg/kg per IU IgE units/mL), tissue IgE levels
were significantly reduced in 13 of the 15 patients, with full remission (defined as histologic and clinical improvement) present in 33% of patients. Conversely, a prospective, randomized, double-blind, placebo-controlled trial (n = 30) also examined the effects of Xolair in patients 12 to 60 years of age with EE who were either refractory to or relapsed after a trial of topical corticosteroids.30,31 Patients received either Xolair or placebo every 2 to 4 weeks for 16 weeks (dose of Xolair based on weight and serum IgE level). Xolair therapy was not found to improve the symptoms of EE (dysphagia scores) or eosinophil counts in biopsy samples when compared with placebo. An additional case series including two patients with multiple food allergies and EE reported an improvement in patient symptoms with Xolair therapy, but did not find an improvement in esophageal endoscopy and histology in short-term follow-up.32 The 2013 American College of Gastroenterology guidelines for the diagnosis and management of esophageal eosinophilia and EE do not recommend Xolair therapy for these conditions; the guidelines note that Xolair was ineffective in a case series involving two patients (referenced above). It is recognized that corticosteroids (systemic or topical administered by swallowing a formulation for inhalation) are the standard treatment for management of both EG and EE.33,34 Adequate controlled clinical studies have not been conducted in patients less than 12 years of age with EG, EE, or eosinophilic colitis. A 2014 updated food allergy practice parameter from the AAAAI, ACAAI, and JCAAI Joint Task Force also addresses EE and EG, but does not address Xolair as a treatment for these conditions.35

5. **Latex Allergy in Health Care Workers with Occupational Latex Allergy.** A small European study assessed the effects of Xolair treatment in health care workers (n = 18) with occupational latex allergy.36 Xolair use in these patients resulted in a reduction in mean conjunctival challenge test scores as compared with placebo-treated patients after 16-weeks of therapy. Also, three patients who did not respond to Xolair treatment during the double-blind phase responded during the 16-week open-label phase. Thus the overall ocular response rate for all patients in the open-label phase was 93.8% (n = 15/16). Also 11 of 15 patients in the open-label phase had a negative response to a latex glove challenge test (4 patients had a mild response). Well-controlled trials are needed.

6. **Peanut and Other Food Allergies.** Limited data are available regarding the use of Xolair to facilitate desensitization to food allergens. A Phase II multicenter clinical trial was initiated using Xolair in patients with peanut allergy; however, it was discontinued prematurely due to concerns regarding the safety of the oral peanut challenges in some patients.37 Insufficient data were obtained to reach any conclusions about the efficacy of Xolair. Another pilot study also used Xolair to facilitate rapid oral desensitization in high-risk peanut-allergic patients (8 to 16 years of age).38 In total, 13 patients were pretreated with Xolair for 12 weeks prior to rush oral desensitization, followed by an escalation phase where patients were administered increasing amounts of peanut flour daily. At 20 weeks following the rush desensitization, Xolair was discontinued, but the peanut flour dosing continued. For the primary outcome, all 13 patients reached the maximum rush desensitization dose on Day 1; 12 of the 13 patients (92%) reached the 4,000 mg maintenance dose (secondary outcome). At Week 32, 11 patients tolerated a double-blind, placebo-controlled food challenge.

There are also minimal data on the use of Xolair in patients with severe cow’s milk allergy.39-42 In one Phase I study (n = 11) patients were given Xolair for 9 weeks prior to rapid desensitization treatment.39 In total, 9 of the 11 patients were able to tolerate desensitization to a daily maintenance dose of 2,000 mg of milk within a 7 to 11 week period. Another case-series describes five pediatric patients treated with Xolair for 4 months until they had a negative basophil allergen threshold sensitivity test (CD-sens).40 Once the CD-sense test was negative, the patients were administered a milk challenge. Following Xolair therapy, all five patients ultimately had a negative milk challenge. Another Phase I study also evaluated the safety and tolerability of Xolair in patients with multiple food allergies undergoing a rush immunotherapy protocol to multiple foods.53 In this study (n = 25), Xolair was administered for 8 weeks prior to and 8 weeks following the initiation of rush oral immunotherapy.
using up to five different food allergens. The goal maintenance dose was 4,000 mg protein per allergen. All patients were able to reach the goal dose by 9 months, with the median time to reach the maintenance dose of 18 weeks. One randomized, double-blind, placebo-controlled study evaluated Xolair combined with oral immunotherapy for the treatment of cow’s milk allergy in pediatric and adult patients. Following 4 months of therapy with either Xolair or placebo, open-label milk oral immunotherapy was initiated and escalated to a maintenance dose from Week 22 to Week 40. After Week 40, patients received daily oral immunotherapy through Month 28. At Month 28, Xolair therapy was discontinued and patients passing an oral food challenge continued oral immunotherapy for an additional 8 weeks. A rechallenge was initiated at Month 21 to assess sustained unresponsiveness. Small, non-significant improvements in the proportion of patients passing the oral food challenge (at Month 28) and the sustained unresponsiveness challenge at Month 32 were observed with Xolair vs. placebo.

Guidelines for the diagnosis and management of food allergy in the US (published in 2010) indicate there are currently no medications recommended to prevent IgE-mediated or non-IgE-mediated food-induced allergic reactions from occurring in an individual with existing food allergies. Allergen avoidance and use of antihistamines are recommended for treatment of food-induced allergic reactions. The updated food allergy practice parameter from the AAAAI, ACAAI, and JCAAI Joint Task Force (2014) also states that immunotherapies (such as the oral immunotherapy desensitization described above) show promise for the treatment of food allergy; however, there is currently inadequate evidence that the therapeutic benefit outweighs the risk. Trials of these have been uncontrolled, small studies, which are subject to selection bias and uncertain safety profiles. However, treatment with anti-IgE monoclonal antibodies might increase the threshold for doses needed to stimulate an allergic reaction and potentially may enhance the safety profile for patients. Additional well-controlled trials are needed.

7. Coverage is not recommended for circumstances not listed in the Recommended Authorization Criteria. Criteria will be updated as new published data are available.

REFERENCES
1. Xolair® subcutaneous injection [prescribing information]. South San Francisco, CA and East Hanover, NJ: Genentech, Inc. and Novartis Pharmaceuticals Corporation; September 2018.


15. Joint Task Force on Practice Parameters: American Academy of Allergy, Asthma and Immunology; the American College of Allergy, Asthma and Immunology; and the Joint Council of Allergy, Asthma and Immunology. The diagnosis and management of rhinitis: An updated practice parameter. *J Allergy Clin Immunol*. 2008;122(2):S1-S84.


**Other References Utilized**

**History**

<table>
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<tr>
<th>Type of Revision</th>
<th>Summary of Changes*</th>
<th>Approval Date</th>
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<td>New policy</td>
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<td>09/26/2018</td>
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<tr>
<td>Early annual revision</td>
<td>Updated initial therapy criteria for “Asthma in Patients with Moderate to Severe Persistent Disease” to state that the baseline IgE level ≥ 30 IU/mL should be prior to treatment with Xolair or anti-IL-4/13 therapy (Dupixent). Previously criteria only noted the level should be prior to Xolair therapy.</td>
<td>02/20/2019</td>
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<td>Updated initial therapy criteria for “Asthma in Patients with Moderate to Severe Persistent Disease” to more concisely state the previous therapies required. Added the following: NOTE: An exception to the requirement for a trial of one additional asthma controller/maintenance medication (criterion b) can be made if the patient has already received anti-IL-4/13 therapy (Dupixent) used concomitantly with an ICS for at least 3 consecutive months.</td>
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<td>Updated initial therapy criteria for “Asthma in Patients with Moderate to Severe Persistent Disease” to state that the patient’s asthma is uncontrolled or was uncontrolled prior to receiving any Xolair or anti-IL-4/13 therapy (Dupixent). Previously criteria only stated it should be uncontrolled prior to Xolair therapy.</td>
<td>02/20/2019</td>
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<td>Updated dosing for “Asthma in Patients with Moderate to Severe Persistent Disease” to remove information about dose being based on serum IgE and patient body weight. Updated to approve up to a maximum dose of 375 mg administered subcutaneously (SC) not more frequently than once every 2 weeks.</td>
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<td>Updated dosing for “Chronic Idiopathic Urticaria” to specify to approve either 150 mg administered SC once every 4 weeks or 300 mg administered SC once every 4 weeks.</td>
<td>02/20/2019</td>
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<td>Updated dosing for “Allergic Rhinitis, Seasonal or Perennial” to approve up to a maximum dose of 300 mg administered SC not more frequently than once every 3 weeks. Removed previous requirements for weight-based and IgE-based dosing.</td>
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