



## UTILIZATION MANAGEMENT MEDICAL POLICY

- POLICY:** Hemophilia – Factor IX Products Utilization Management Medical Policy
- Extended Half-Life Recombinant Products
- Alprolix<sup>®</sup> (Coagulation Factor IX [recombinant] Fc fusion protein intravenous infusion – Bioverativ)
  - Idelvion (Coagulation Factor IX [recombinant] albumin fusion protein intravenous infusion – CSL Behring)
  - Rebinyn<sup>®</sup> (Coagulation Factor IX [recombinant] glycoPEGylated intravenous infusion – NovoNordisk)
- Standard Half-Life Recombinant Products
- BeneFIX<sup>®</sup> (Coagulation Factor IX [recombinant] intravenous infusion – Wyeth/Pfizer)
  - Ixinity<sup>®</sup> (Coagulation Factor IX [recombinant] intravenous infusion – Medexus)
  - Rixubis<sup>®</sup> (Coagulation Factor IX [recombinant] intravenous infusion – Baxalta)
- Plasma-Derived Standard Half-Life Products
- AlphaNine<sup>®</sup> SD (Coagulation Factor IX [plasma-derived] intravenous infusion – Grifols)
  - Mononine<sup>®</sup> (Coagulation Factor IX [plasma-derived] intravenous infusion – CSL Behring)
  - Profilnine<sup>®</sup> (Factor IX Complex [plasma-derived] intravenous infusion – Grifols)

**REVIEW DATE:** 03/09/2022

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### OVERVIEW

Alprolix, Idelvion, and Rebinyn are extended half-life recombinant Factor IX products; BeneFIX, Ixinity and Rixubis are standard half-life recombinant Factor IX products; and AlphaNine SD, Mononine, and Profilnine are plasma-derived Factor IX products.<sup>1-9</sup> All agents are indicated in various clinical scenarios for use in the management of patients with hemophilia B.

Profilnine is used in patients with Factor II and/or X deficiency.<sup>10</sup> Some data are available, albeit limited.

### Disease Overview

Hemophilia B is a recessive X-linked bleeding disorder caused by mutations in the factor IX gene that leads to the deficiency or absence of the coagulation factor IX.<sup>11-14</sup> It occurs in 1 out of 30,000 male births and affects about 5,000 people in the US. Hemophilia B predominantly occurs in males; however, approximately 10% of females are carriers and are at risk of usually mild bleeding. The severity of bleeding depends on the degree of the factor IX defect and the phenotypic expression. Factor levels of <1%, 1% to 5%, and > 5% to < 40% are categorized as severe, moderate, and mild hemophilia B, respectively. Patients with mild hemophilia B may only experience abnormal bleeding during surgery, during tooth extractions, or when injured. Patients with moderate hemophilia B generally have prolonged bleeding responses to minor trauma. Severe hemophilia B is marked by spontaneous bleeding such as spontaneous hemarthrosis, soft-tissue hematomas, retroperitoneal bleeding, intracerebral hemorrhage, and delayed bleeding post-surgery. Complications from recurrent bleeding and soft-tissue hematomas include severe arthropathy, and joint contractures, which may lead to pain and disability. The main treatment of hemophilia B is replacement of missing blood coagulation factor with Factor IX products. Factor IX replacement therapy may be used on-demand when bleeding occurs or given as routine prophylaxis with scheduled infusions. Both plasma-derived and recombinant Factor IX products are available. In general, prophylactic therapy has been associated with a reduction in bleeds and improved outcomes for selected patients (e.g., patients

with moderate or severe factor IX deficiency). The goal of therapy is to prevent uncontrolled internal hemorrhage and severe joint damage, and to properly manage bleeding episodes. The development of inhibitors occurs at a lower frequency in patients with severe hemophilia B compared with severe hemophilia A but can occur in up to 5% of patients. Higher doses than that typically used for the uses of standard half-life products can be given if the patient develops an inhibitor.

### Guidelines

Guidelines for hemophilia from the National Hemophilia Foundation (2020)<sup>13</sup> and the World Federation of Hemophilia (2020)<sup>14</sup> recognize the important role of Factor IX products in the management of hemophilia B patients.

### POLICY STATEMENT

Prior Authorization is recommended for medical benefit coverage of the following Factor IX products: Alprolix, Idelvion, Rebinyn, BeneFIX, Ixinity, Rixubis, AlphaNine, Mononine, and Profilnine. Approval is recommended for those who meet the **Criteria** and **Dosing** for the listed indications. Extended approvals are allowed if the patient continues to meet the criteria and dosing. Requests for doses outside of the established dosing documented in this policy will be considered on a case-by-case basis by a clinician (i.e., Medical Director or Pharmacist). Because of the specialized skills required for evaluation and diagnosis of patients treated with recombinant Factor IX products, as well as the monitoring required for adverse events and long-term efficacy, the agent is required to be prescribed by or in consultation with a physician who specializes in the condition being treated.

**Automation:** None.

### RECOMMENDED AUTHORIZATION CRITERIA

Coverage of the following Factor IX products is recommended for patients who meet criteria: Alprolix, Idelvion, Rebinyn, BeneFIX, Ixinity, Rixubis, AlphaNine, Mononine, and Profilnine.

- I. Coverage of Alprolix, Idelvion, Rebinyn, BeneFIX, Ixinity, and Rixubis is recommended for patients who meet the following criteria:

#### FDA-Approved Indication

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1. **Hemophilia B.** Approve for 1 year if the agent is prescribed by or in consultation with a hemophilia specialist.

**Dosing.** Approve one of the following dosing regimens (A or B):

- A) For Alprolix, Idelvion, and Rebinyn approve the following dosing regimens (i, ii, and/or iii):
  - i. Routine prophylaxis: approve up to 100 IU per kg intravenously at an interval no more frequently than once weekly; AND/OR;
  - ii. On-demand treatment and control of bleeding episodes: approve up to 100 IU per kg intravenously no more frequently than once every 6 hours for up to 10 days per episode; AND/OR
  - iii. Perioperative management: approve up to 100 IU per kg intravenously no more frequently than once every 24 hours for up to 10 days per procedure; OR
- B) For BeneFIX, Ixinity, and Rixubis approve the following dosing regimens (i, ii, iii, and/or iv):
  - i. Routine prophylaxis: approve up to 100 IU per kg intravenously no more frequently than twice weekly; AND/OR

- ii. On-demand treatment and control of bleeding episodes: approve up to 100 IU per kg intravenously no more frequently than once every 12 hours for up to 10 days per episode; AND/OR
- iii. Perioperative management: approve up to 100 IU per kg intravenously no more frequently than once every 8 hours for up to 10 days per procedure; AND/OR
- iv. Immune tolerance therapy (also known as immune tolerance induction): approve up to 200 IU per kg intravenously no more frequently than once daily.

II. Coverage of AlphaNine SD, Mononine, and Profilnine is recommended for patients who meet the following criteria:

### FDA-Approved Indication

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1. **Hemophilia B.** Approve AlphaNine SD, Mononine, and Profilnine for 1 year if the agent is prescribed by or in consultation with a hemophilia specialist.

**Dosing.** Approve the following dosing regimens:

- A) Routine prophylaxis: approve up to 50 IU per kg intravenously no more frequently than twice weekly; AND/OR
- B) On-demand treatment of and control of bleeding episodes and perioperative management: approve up to 100 IU per kg intravenously no more frequently than twice daily for up to 10 days; AND/OR
- C) Immune tolerance therapy (also known as immune tolerance induction): approve up to 200 IU per kg intravenously no more frequently than once daily.

III. Coverage of Profilnine is recommended for patients who meet the following criteria:

### Other Uses with Supportive Evidence

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1. **Factor II Deficiency.** Approve Profilnine for 1 year if the agent is prescribed by or in consultation with a hemophilia specialist.

**Dosing.** Limited dosing is available. Recommended dosing in hemophilia B (an FDA-approved use) is cited below.

- A) Routine prophylaxis: approve up to 50 IU per kg intravenously no more frequently than twice weekly; AND/OR
- B) On-demand treatment of and control of bleeding episodes and perioperative management: approve up to 100 IU per kg intravenously no more frequently than twice daily for up to 10 days.

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2. **Factor X Deficiency.** Approve Profilnine for 1 year if the agent is prescribed by or in consultation with a hemophilia specialist.

**Dosing.** Limited dosing is available. Recommended dosing in hemophilia B (an FDA-approved use) is cited below.

- A) Routine prophylaxis: approve up to 50 IU per kg intravenously no more frequently than twice weekly; AND/OR
- B) On-demand treatment of and control of bleeding episodes and perioperative management: approve up to 100 IU per kg intravenously no more frequently than twice daily for up to 10 days.

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### CONDITIONS NOT RECOMMENDED FOR APPROVAL

Coverage of the cited Factor IX products are not recommended in the following situations:

1. Coverage is not recommended for circumstances not listed in the Recommended Authorization Criteria. Criteria will be updated as new published data are available.

### REFERENCES

1. Alprolix<sup>®</sup> intravenous infusion [prescribing information]. Waltham, MA: Bioverativ; October 2020.
2. Idelvion<sup>®</sup> intravenous infusion [prescribing information]. Kankakee, IL: CSL Behring; July 2020.
3. Rebinyn<sup>®</sup> intravenous infusion [prescribing information]. Plainsboro, NJ: Novo Nordisk; June 2020.
4. BeneFIX<sup>®</sup> intravenous infusion [prescribing information]. Philadelphia, PA: Wyeth/Pfizer; September 2021.
5. Ixinity<sup>®</sup> intravenous infusion [prescribing information]. Chicago, IL: Medexus; September 2021.
6. Rixubis<sup>®</sup> intravenous infusion [prescribing information]. Lexington, MA: Baxalta; June 2020.
7. AlphaNine<sup>®</sup> SD intravenous infusion [prescribing information]. Los Angeles, CA: Grifols; March 2021.
8. Mononine<sup>®</sup> intravenous infusion [prescribing information]. Kankakee, IL: CSL Behring; December 2018.
9. Profilnine<sup>®</sup> intravenous infusion [prescribing information]. Los Angeles, CA: Grifols; December 2018.
10. Menegatti M, Peyvandi F. Treatment of rare factor deficiencies other than hemophilia. *Blood*. 2019;133(5):415-424.
11. Sidonio RF, Malec L. Hemophilia B (Factor IX Deficiency). *Hematol Oncol Clin North Am*. 2021;35(6):1143-1155.
12. Peyvandi F, Garagiola I, Young G. The past and future of haemophilia: diagnosis, treatments, and its complications. *Lancet*. 2016;388(10040):187-197.
13. National Hemophilia Foundation. Medical and Scientific Advisory Council (MASAC) recommendations concerning products licensed for the treatment of hemophilia and other bleeding disorders (Revised August 2020). MASAC document #263. Available at: [263\\_treatment.pdf \(hemophilia.org\)](#). Accessed on March 3, 2022.
14. Srivastava A, Santagostino E, Dougall A, on behalf of the WFH guidelines for the management of hemophilia panelists and co-authors. Guidelines for the management of hemophilia, 3<sup>rd</sup> edition. *Haemophilia*. 2020;26(Suppl 6):1-158.

### HISTORY

Type of Revision	Summary of Changes	Review Date
Annual Revision	No criteria changes.	03/03/2021
Annual Revision	No criteria changes.	03/09/2022