

Medical Policy for Low Dose Computed Tomography for Lung Cancer Screening

VCHCP has adopted the United States Preventative Services Task Force (USPSTF) Guidelines for the Plan’s Preventative Clinical Practice Guidelines. With the updated USPSTF guideline in December 2013 to include lung cancer screening, the following policy had been implemented.

VCHCP recommends and will approve annual screening for lung cancer with low-dose computed tomography for the following select patients:

Adults ages 55-80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years.

NOTE: Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.

A. HISTORY:

Reviewed/No Updates: Catherine Sanders, MD
 Committee Review: UM: February 12, 2015; QAC: February 24, 2015
 Reviewed/No Updates: Faustine Dela Cruz, RN & Catherine Sanders, MD
 Committee Review: UM: February 11, 2016; QAC: February 23, 2016
 Reviewed/No Updates: Catherine Sanders, MD & Robert Sterling, MD
 Committee Review: UM: February 9, 2017; QAC: February 28, 2017
 Reviewed/No Updates by: Catherine Sanders, MD & Robert Sterling, MD
 Committee Review: UM: February 9, 2017; QAC: February 28, 2017
 Reviewed/No Updates by: Catherine Sanders, MD & Robert Sterling, MD
 Committee Review: UM: February 14, 2019; QAC: February 26, 2019
 Reviewed/No Updates by: Howard Taekman, MD & Robert Sterling, MD
 Committee Review: UM: February 13, 2020; QAC: February 25, 2020
 Reviewed/No Updates by: Howard Taekman, MD & Robert Sterling, MD
 Committee Review: UM: February 11, 2021; QAC: February 23, 2021
 Reviewed/No Updates by: Howard Taekman, MD & Robert Sterling, MD
 Committee Review: UM: February 17, 2022; QAC: February 22, 2022

Revision Date	Content Revised (Yes/No)	Contributors	Review/Revision Notes
2/9/17	No	Catherine Sanders, MD; Robert Sterling, MD	Annual Review



Medical Policy: Low Dose Computed Tomography for Lung Cancer Screening

Created: April 29, 2014

Effective: May 8, 2014

Reviewed/No Updates: 02/12/15; 2/11/16;
2/9/17; 2/8/18; 2/14/19; 2/13/20; 2/11/21;
2/17/22

2/8/18	No	Catherine Sanders, MD; Robert Sterling, MD	Annual Review
2/14/19	No	Catherine Sanders, MD; Robert Sterling, MD	Annual Review
2/13/20	No	Howard Taekman, MD; Robert Sterling, MD	Annual Review
2/11/21	No	Howard Taekman, MD; Robert Sterling, MD	Annual Review
2/17/22	No	Howard Taekman, MD; Robert Sterling, MD	Annual Review